



La Perla d'Oriente

Treatments/Price List

Exclusive Treatments by appointment
Via Filippo Figari 5/interno 11k - Cagliari

Summer Time:

From Monday to Friday 9 -13 / 16 – 20

Saturday 10 – 13 / 16 – 20

Sunday closed

Winter Time:

From Tuesday to Saturday 9 -13 / 16 – 20

Sunday 10 – 13 / 16 – 20

Monday closed

For info and appointments:

Email: laperladoriente8@gmail.com

+39 070 094 9965 +39 342 8705439

Hydromassage

Hydromassage (30 min) (32/34° C Temp)

One person	30€
Two people	25€ each.
From 3 to 6 people	20€ each.

Hydromassage (60 min) (32/34° C Temp)

One person	50€
Two people	40€ each.
From 3 to 6 people	30€ each.

Our Hydromassage pool is equipped with 4 hydromassage beds with many small holes that allow the jets of water to be released continuously and constantly throughout the body. (max 6 people)

OfuroKneipp[®], hot and cold Pool

Anti Stress (45 min)

One person	30€
From 2 to 4 people	20€ each.

Kneipp (45 min)

One person	40€
From 2 to 4 people	30€ each.

Slimming (60 min)

One person	50€
From 2 to 4 people	40€ each.

Anti Cellulite (70min)

One person	60€
From 2 to 4 people	50€ each.

The Anti-stress is a treatment that takes place independently (37°C/23°C)

The Kneipp, the Slimming and the Anti-cellulite, are treatments with pre-established immersion times and require the help of our staff; (40°C/23°C). Some treatments with the OfuroKneipp involve wrapping in blankets by our staff, during or at the end of the treatment, based on the treatment and/or package chosen.

Maximum 4 people from the same group.

Facial Morjana Rituals

(Thalatepee Suite Prestige®, one person)

Ritual Honey (80min)

Recommended treatment for dry and sensitive skin, for a nourished and hydrated skin.

Gentle cleansing and exfoliation, followed by a serum and nourishing mask, massage and face cream

91€

Ritual of Splendor (80min)

Recommended treatment for combination and oily skin, for a even skin tone.

Cleansing and exfoliation, followed by a purifying clay mask and a soothing tissue mask, serum, massage and face cream.

95€

Ritual Sumptuous Amber (80min)

This anti-aging ritual is perfect for regenerate and brightening the skin.

Cleansing and exfoliation, followed by a mask and serum, drainage/lifting face massage and face cream.

99€

Morjana cosmetiques is the skin product line of the wellness center,
a true alliance between modernity and tradition with the two lines:
«Dream of Marakech» and «Essentials of Hammam».

Face and Body Rituals

(Thalatepee Suite Prestige®, one person)

Ritual Oriental Sweetness (30min)

Body exfoliation

49€

Ritual Oriental Delight(75min)

Body exfoliation and relaxing massage

90€

Ritual Silk of Sahara (90min)

Body exfoliation, relaxing massage and facial treatment

110€

Ritual One Thousand and One Nights (110 min)

Black soap and body exfoliation with kessa gloves,
purifying mud, relaxing massage and facial cream

149€

Ritual Precious Amber, Orange and Cinnamon,

Orange and Honey * (105min)

Body exfoliation, body treatment depending on the type chosen*,
honey relaxing massage and face cream

175€

Ritual Oud and Amber (95min)

Body exfoliation, draining treatment, honey relaxing massage,
antiage facial treatment

205€

**We offer 3 types of body treatments:*

- *Draining Amber*
- *Brightening (vit C) Orange and Cinnamon*
- *Nourishing and soothing Honey*

Sauna

(from lightest to strongest, max 8 people)

Salt soft sauna (40 min) (40° Temp, physiological humidity)

One person	40€
Two people	20€ each.
From 3 to 8 people	15€ each.

Bio salt Sauna (30 min) (50° Temp, physiological humidity)

One person	50€
Two people	40€ each.
From 3 to 8 people	20€ each.

Turkish bath (40 min) (45°C Temp, 98% humidity)

One person	40€
From 2 to 8 people	20€ each.

Sauna Tepee (Finnish) (30 min) (55/70°C Temp, 35% humidity)

One person	40€
From 2 to 8 people	20€ each.

Roman Sauna (45 min) (48°C Temp, 55% humidity)

One person	40€
From 2 to 8 people	20€ each.

Muds* (40 min) (light sauna, from 39/40°C to 37/38°C physiological humidity)

One person	100€
Two people	60€ each.
From 3 to 8 people	40€ each.

The salt sauna and BioSauna take place in the Thalatepee Suite Halo®.

Turkish bath, Sauna Tepee, Roman Sauna and Muds take place in the Thalatepee Suite Prestige®.

** Ghassoul-based mud enriched with herbal extracts and essential oils, purifying and detoxifying. The customer will use the products in total autonomy.*

Sauna with temperature changes and treatments (max 8 people)

The Roman Thermal Path (65 min) (35/43°C Temp)

One person	120€
Two people	65€ each.
From 3 to 8 people	40€ each.

The Roman Thermal Path Soft (60 min) (36/45°C Temp)

One person	120€
Two people	65€ each.
From 3 to 8 people	40€ each.

Hammam “The purification” (55 min) (36/45°C Temp)

One person	120€
Two people	65€ each.
From 3 to 8 people	40€ each.

The Roman Thermal Path recreates the temperature and humidity typical of the ancient Roman baths inside the suite. The sauna temperature will change four times and during the treatment black eucalyptus soap, kessa glove and a nourishing product will be at your disposal.

The Hammam is an ancient ritual of Arab origin, at the start the temperature is warmer than the Roman path. The sauna temperature will change three times and during the treatment black eucalyptus soap, kessa glove, mud and Argan oil will be at your disposal.

The customer will use the products in full autonomy.

The Roman Thermal Path and Hammam take place in The Thalatepee Suite Prestige®

Single Thermal bed

(Thalaxoterm Prestige®)

It combines the benefits of hydrothermopractic with the application of natural cosmetic treatments rich in active ingredients. Inside the thermal bed you can perform simple steam baths, mud baths, draining, detoxifying and brightening wraps. The head will stay out of the Thermal bed during the treatment.

Hydropratic (Tiepidarium 43°C) (30 min)	40€
Turkish Bath (Calidarium 46°C) (35min)	45€
Sauna (Laconicum 50°C) (30 min)	45€
Kneipp (3 fasi differenti, max 50°C) (45 min)	50€
Mud*+ Moisturizing cream (41°C) (60 min)	65€
Amber, Orange and Cinnamon, Honey treatments** (41°C) (60 min) + Moistutizing cream	65€

After each Thalaxoterm treatment +10min of wrapping with blankets in our beds by our staff.

**Ghassoul-based mud enriched with herbal extracts and essential oils, purifying and detoxifying.*

***We offer 3 types of body treatments:*

- Draining Amber*
- Brightening (vit C) Orange and Cinnamon*
- Nourishing and soothing Honey*

Massaggies

Relaxing Massage (50 min)	65€
Candle Massage (50 min)	70€
Hawaian Lomi Lomi Nui Massage (60 min)	75€
Thai Oil Massage(60 min)	75€
Ayurvedic Massage (70 min)	85€
Foot Reflexology (50 min)	60€
Shiatsu Massage(60 min on futon, no oil)	80€
Traditional Thai Massage (90 min on futon, no oil)	105€
Lymphatic drainage Massage (30/60 min)	45€/70€
Anticellulite Massage (30/50 min)	45€/70€
Deap-tissue Massage (30/60 min)	45€/70€

Not available two massages in the same cabin, but in two cabins at the same time.

For more information about massages visit our website section,

Trattamenti ->Massaggi: <https://laperladoriente.com/massaqqi>

Wellness Package for two people

Price one person

Aquam (90 min)

Hydromassage 30min + Antistress (cold and hot pools) 45min and Area Relax. **40€**

Watersalt (90 min)

Hydromassage 30min + salt Sauna 40min and Area Relax. **40€**

Detox (105 min)

Antistress (cold and hot pools) 45min + salt Sauna 40min and Area Relax. **40€**

Energy (130 min)

Hydromassage 30min + Antistress (cold and hot pools) 45min + salt Sauna 40min and Area Relax. **60€**

Armony (100 min)

Hydromassage 30min + Relaxing massage 50 min and Area Relax. **81€**

The Purification (120 min)

Hydromassage 30min + Hammam 55min + Blanket wrapping 10min and Area Relax. **86€**

Roman Thermal Bath (120 min)

Hydromassage 30min + The Roman Thermal Path Soft 60 min + Blanket wrapping 10min and Area Relax. **86€**

The Pearl (160min)

Hydromassage 30min + Antistress (cold and hot pools) 45min + Relaxing massage 50min and Area Relax. **99€**

Possible to change the salt Saune with a stronger one.

The Roman Thermal Path recreates the temperature and humidity typical of the ancient Roman baths inside the suite. During the treatment black eucalyptus soap, kessa glove and a nourishing product will be at your disposal.

The Hammam is an ancient ritual of Arab origin, at the start the temperature is warmer than the Roman path. During the treatment black eucalyptus soap, kessa glove, mud and Argan oil will be at your disposal. The customer will use the products in total autonomy. ***The Roman Thermal Path and Hammam*** take place in ***The Thalatepee Suite Prestige®***

Not available two massages in the same cabin, but in two cabins at the same time.